

Y Celfyddydau Mynegiannol

- Tynnwch lun neu **lliw** olygfeydd o stori Arch Noa. Cofiwch gynnwys enfys fawr!
- Ewch ati i greu pypedau ar **ffyn** ar gyfer stori Arch Noa. Allwch chi greu drama i ail-ddweud y stori?
- Ydych chi wedi clywed y **gân** am liwiau'r enfys? Ewch ati i ddysgu'r geiriau.

Iechyd a Lles

- Gwnewch blât o **fwydydd iach** sy'n cynnwys gymaint o liwiau â phosib. Gallwch ddefnyddio'r bwydydd sydd gennych yn y tŷ yn barod.

Ieithoedd, Llythrennedd a Chyfathrebu

- Aeth Noa ag anifeiliaid ar ei arch. Allwch chi ddod o hyd i enwau rhai o'r anifeiliaid yn y Gymraeg neu mewn **iaith arall**?
- Ysgrifennwch gerdd acrostig ar y thema ENFYS. Defnyddiwch ansoddeiriau i ddisgrifio'r enfys.
- Defnyddiwch deganau i actio stori Arch Noa. Allwch chi ail ddweud y stori?

Mathemateg a Rhifedd

- Mae yna 7 lliw yn yr enfys. Allwch chi ysgrifennu'r rhif 7? Sawl gwahanol ffordd allwch chi greu'r **rhif 7**? Beth am geisio adio mewn **grwpiau o 7** hefyd?

Y Dyniaethau

- Darllenwch stori **Arch Noa** neu chwiliwch am fersiwn wedi'i animeiddio ar y We. Trafodwch pa anifeiliaid oedd yn yr arch ac ewch ati i ddarganfod ym mha wledydd maent yn byw heddiw.

Gwyddoniaeth a Thechnoleg

- Allwch chi adeiladu enfys gan ddefnyddio blociau adeiladu? Meddyliwch sut y gallwch wneud eich enfys yn ddigon cryf i allu sefyll i fyny heb gymorth.
- Fel arfer gwelwn enfys ar ôl iddi fwrw glaw. Allwch chi ddefnyddio neu greu **medrydd glaw** i fesur glawiad? Gallwch fesur y glawiad dros sawl diwrnod.

Yr Enfys

Home Learning Mat Guide for Non-Welsh Speaking Adults

Here is a translation of all the activities on the Home Learning Mat to help you to support your child.

Topic - Yr Enfys (Rainbow)

Y Celfyddydau Mynegiannol (Expressive Arts)	Mathemateg a Rhifedd (Mathematics and Numeracy)
<ul style="list-style-type: none">• Draw or colour scenes from the Noah's Ark story. Remember to include a big rainbow!• Make stick puppets for the Noah's Ark story. Can you create a drama to retell the story?• Have you heard the song about the colours of the rainbow? Can you learn the words of the song?	<ul style="list-style-type: none">• There are 7 colours in the rainbow. Can you write the number 7? How many ways can you make the number 7? What about trying to add in groups of 7?
Iechyd a Lles (Health and Wellbeing)	Y Dyniaethau (Humanities)
<ul style="list-style-type: none">• Create a healthy eating plate containing as many colours as possible. You can use foods that you already have at home.	<ul style="list-style-type: none">• Read the story of Noah's Ark or look online for an animated version of the story. Discuss which animals were in the ark and find out in which countries they now live.
Ieithoedd, Llythrennedd a Chyfathrebu (Language, Literacy and Communication)	Gwyddoniaeth a Thechnoleg (Science and Technology)
<ul style="list-style-type: none">• Noah took some animals with him on to the ark. Can you find the names of some of the animals in Welsh or in another language?• Write an acrostic poem on the theme of rainbows (ENFYS). Use adjectives to describe a rainbow.• Use toys to act out the Noah's Ark story. Can you retell the story?	<ul style="list-style-type: none">• Can you build a rainbow using building blocks? Think about how you could make it strong enough to be able to stand without support.• If we see a rainbow it's usually because it has been raining. Can you use or make a rain gauge to measure the rainfall? You could record the rainfall over a few days.